



Jigsaw Discovery Experiences

The Jigsaw Discovery Foundation Experience is a practical, workshop-based self-discovery programme with far-reaching applications in the workplace and in life.

It not only allows participants to develop in-depth self-awareness, but also an understanding and tolerance of the behavioural styles of others. The key is in the tools and techniques participants learn and are able to apply immediately. Its success lies in the validated psychology and neuroscience it is built upon, and the way it's delivered in a non-theoretical and non-threatening method.

The Jigsaw Discovery Foundation Experience provides active engagement from beginning to end. Participants actively enjoy vibrant, interactive sessions and come away charged with energy and practical tools that they can put into a new found motivation to develop relationships.



Up to 20
Participants



4 Hours



Classroom

Key Outcomes

Participants will:



Identify their behavioural preferences and be more aware of the impact of their communications and behaviours



Have a better understanding of why others behave as they do and be able to anticipate the reactions of others



Develop a flexible approach to their working styles, communication patterns and behaviour

Why It's Different



No paper-based behavioural assessments or overwhelming computer generated reports



Non-threatening and non-theoretical delivery methods allowing for easy application



Learning is organic as the participants develop and build their profiles

The Jigsaw Discovery Foundation programme is the first workshop on a learning pathway designed to help individuals and teams develop and grow skills in other areas including:



Leadership



Customer Service



Communication



Remote Working



Team Building



Change Management



Resilience



Wellbeing